

Final Results

Day 2 - Saturday

12/Sep/09

Category	Pos	No	Cat	Name	Time	Remarks
Men Long Route	1	1108	OML	Timothy Hammond	02.04.45	
	2	1047	OML	Mark Colyn	02.10.35	
	3	1021	OML	Ross Blount	02.18.09	
	4	1456	OML	Xavier Louw	02.20.44	
	5	1461	OML	Marc Copeland	02.23.09	
	6	1483	OML	John Thompson	02.25.51	
	7	1464	OML	Dewald De Goede	02.29.33	
	8	1455	OML	Andeon Louw	02.30.07	
	9	1204	OML	David Opie	02.31.47	
	10	1228	OML	Neil Richardson	02.32.04	
	11	1254	OML	Brett Smith	02.32.26	
	12	1249	OML	Andrew Sexton	02.32.30	
	13	1426	OML	Wickaum Smith	02.33.37	
	14	1449	OML	Andre Cilliers	02.33.50	
	15	1237	OML	Anneke Roux	02.34.27	
	16	1040	OML	Malcolm Charles	02.34.34	
	17	1831	OML	Maruis Viser	02.34.49	
	18	1488	OML	Theo Scribante	02.36.44	
	19	1498	OML	Bernard Berman	02.37.23	
	20	1121	OML	Christiaan Janse Van Rensburg	02.37.49	
	21	1819	OML	Johan De Villiers	02.39.05	
	22	1282	OML	Stuart Truter	02.39.20	
	23	1463	OML	Vian Espost	02.40.04	
	24	1474	OML	Richard Burton	02.40.09	
	25	1473	OML	Warrick Leslie	02.40.16	
	26	1477	OML	Gath Shaw	02.41.42	
	27	1491	OML	Barto Van Der Merwe	02.41.45	
	28	1494	OML	Piet Le Roux	02.41.47	
	29	1278	OML	Michael Thorne	02.43.03	
	30	1305	OML	Charl Van Zyl	02.43.51	
	31	1148	OML	Grant Noble	02.44.00	
	32	1260	OML	Cassie Steyn	02.46.00	
	33	1443	OML	Jacques Van Zyl	02.46.12	
	34	1466	OML	Dirk De Jongh	02.46.41	
	35	1444	OML	Attie Kriel	02.46.46	
	36	1470	OML	Colin Van Zyl	02.46.50	
	37	1102	OML	Wilfrid Grundill	02.47.30	
	38	1132	OML	Erik Knoetze	02.48.00	
	39	1450	OML	Peter Tucker	02.49.14	
	40	1256	OML	Jaco Snyman	02.50.22	
	41	1303	OML	Stanley Van Wyk	02.50.24	
	42	1106	OML	Jared Halliday	02.51.51	
	43	1442	OML	Tim Bosson	02.52.13	
	44	1292	OML	Erasmus Van Niekerk	02.52.31	
	45	1428	OML	Graham Lovely	02.52.36	
	46	1489	OML	Neil Olezer Jones	02.52.48	
	47	1259	OML	Marthinus Stander	02.52.51	
	48	1276	OML	Charl Thiar	02.52.53	
	49	1471	OML	Dave Dominicus	02.52.58	

Final Results

Day 2 - Saturday

12/Sep/09

Category	Pos	No	Cat	Name	Time	Remarks
	50	1467	OML	Colin Fair	02.53.00	
	51	1082	OML	Kurt Eriksen	02.53.42	
	52	1126	OML	Louis Jordaan	02.54.06	
	53	1251	OML	George Slabber	02.54.08	
	54	1252	OML	Marthinus Slabber	02.54.09	
	55	1327	OML	Gerfried Weiss	02.55.42	
	56	1320	OML	Francois Viviers	02.56.52	
	57	1029	OML	Robin Brighton	02.56.53	
	58	1243	OML	Siegfried Schuttler	02.56.56	
	59	1434	OML	Chris Opperman	02.56.58	
	60	1316	OML	Chris Viljoen	02.58.35	
	61	1225	OML	Willem Retief	02.58.53	
	62	1499	OML	Christian Van Pletzen	02.59.17	
	63	1829	OML	Vaughan Hattingh	02.59.35	
	64	1481	OML	Hennie Straus	02.59.48	
	65	1115	OML	Mark Isserow	03.00.13	
	66	1274	OML	Albert Theron	03.01.41	
	67	1452	OML	Lourens Van Der Westhuizen	03.01.44	
	68	1028	OML	Marc Brighton	03.02.21	
	69	1123	OML	Llewellyn Jepson	03.03.04	
	70	1087	OML	Craig February	03.03.15	
	71	1445	OML	Jason Collins	03.03.26	
	72	1180	OML	Friedrich Meisenholl	03.03.29	
	73	1337	OML	Johan Werth	03.03.33	
	74	1423	OML	David Hart	03.04.33	
	75	1089	OML	Steve Feldman	03.04.46	
	76	1006	OML	Michael Badwi	03.06.07	
	77	1435	OML	Mike Fiet	03.06.22	
	78	1496	OML	Stephen Moss	03.06.33	
	79	1313	OML	Chris Vancoillie	03.07.37	
	80	1422	OML	Darryl Katz	03.07.53	
	81	1273	OML	Etienne Terblanche	03.07.59	
	82	1485	OML	Fanie Visser	03.08.26	
	83	1009	OML	Jan Basson	03.09.06	
	84	1424	OML	Michael Claeys	03.09.53	
	85	1454	OML	Cameron Pearce	03.10.01	
	86	1820	OML	Gouws Du Plessis	03.10.21	
	87	1287	OML	Loziare Van Der Merwe	03.10.30	
	88	1144	OML	Gert Kuhn	03.11.54	
	89	1145	OML	Riaan Kuhn	03.11.57	
	90	1460	OML	Deon Pieterse	03.12.38	
	91	1500	OML	Morne Vos	03.12.41	
	92	1068	OML	Stephan Du Toit	03.12.44	
	93	1487	OML	Richard Rushton	03.13.17	
	94	1431	OML	Geoff King	03.14.02	
	95	1056	OML	Peter De Bruin	03.14.32	
	96	1202	OML	Bernard Oberhofer	03.15.25	
	97	1217	OML	Andre Purdy	03.15.33	
	98	1436	OML	Doens Venter	03.16.30	

Final Results

Day 2 - Saturday

12/Sep/09

Category	Pos	No	Cat	Name	Time	Remarks
	99	1480	OML	Jeremy Heathcote	03.16.34	
	100	1332	OML	Marc Whitmill	03.17.57	
	101	1830	OML	Jean Pierre De Villiers	03.18.45	
	102	1478	OML	Nick Van Niekerk	03.19.09	
	103	1427	OML	Rob Lightgooy	03.21.01	
	104	1030	OML	Jaco Brits	03.21.19	
	105	1031	OML	Mervin Burger	03.21.26	
	106	1425	OML	Francois Geldenhuys	03.22.12	
	107	1832	OML	Brink	03.22.30	
	108	1002	OML	Andrew Addison	03.23.07	
	109	1459	OML	Darryl Hunt	03.23.37	
	110	1055	OML	Simon Davis	03.23.59	
	111	1421	OML	Greg Long	03.25.18	
	112	1033	OML	Chris Bussey	03.25.36	
	113	1476	OML	Maruis Bester	03.25.49	
	114	1152	OML	Samuel Laubscher	03.26.18	
	115	1834	OML	Ennis Jones	03.29.59	
	116	1440	OML	Bryan Rogers	03.30.03	
	117	1833	OML	Bruce Mallinson	03.30.20	
	118	1041	OML	Timothy Claassen	03.33.26	
	119	1078	OML	Albertus Eksteen	03.33.40	
	120	1453	OML	Andre Van Schalkwyk	03.36.22	
	121	1484	OML	Martin Wright	03.36.24	
	122	1076	OML	Stephen Dyne	03.37.18	
	123	1206	OML	Mark Paterson	03.45.34	
	124	1438	OML	John Tennent	03.45.59	
	125	1432	OML	Otto Blanckenberg	03.53.18	
	126	1212	OML	Mike Perkins	03.53.49	
	127	1109	OML	Brent Herbert	03.54.42	
	128	1283	OML	Nicolaas Van As	03.58.49	
	129	1231	OML	Sydney Roberts	04.03.42	
	130	1235	OML	Andrew Roper	04.04.22	
	131	1269	OML	Servaas Taljaard	04.07.25	
	132	1493	OML	Roche NicholSEN	04.07.46	
	133	1338	OML	Willem Wentzel	04.23.46	
	134	1168	OML	Alastair Mackie	04.28.36	
Category	Pos	No	Cat	Name	Time	Remarks
Women Long Route	1	1465	OWL	Louise Van Rooyen	02.26.27	
	2	1110	OWL	Dawn Herbert	02.33.14	
	3	1439	OWL	Sunet Geldenhuys	02.36.43	
	4	1216	OWL	Dominique Provoyeur	02.39.07	
	5	1046	OWL	Alma Colyn	02.40.11	
	6	1472	OWL	Ann Harrison	02.43.26	
	7	1475	OWL	Hilke Rode	02.46.10	
	8	1482	OWL	Barendeen Zietsman	02.46.57	
	9	571	OWL	Mare Malherbe	02.55.50	
	10	1468	OWL	Anneline Trivella	02.56.42	
	11	1469	OWL	Belinda Marais	02.56.45	
	12	1490	OWL	Desiree Strydom	02.58.51	

Final Results

Day 2 - Saturday

12/Sep/09

Category	Pos	No	Cat	Name	Time	Remarks
	13	1186	OWL	Leigh Mitchell	03.01.49	
	14	1429	OWL	Nicolette Nulfsohn	03.03.07	
	15	1446	OWL	Karen Cronje	03.03.35	
	16	1277	OWL	Beatrix Thompson	03.05.30	
	17	1227	OWL	Kim Rew	03.08.05	
	18	1827	OWL	Janine Brown	03.08.36	
	19	1328	OWL	Nicola Webb	03.15.22	
	20	1437	OWL	Tania Venter	03.16.28	
	21	1447	OWL	Doran Desiree	03.17.07	
	22	1086	OWL	Narina Exelby	03.17.54	
	23	1497	OWL	Denise Moss	03.20.33	
	24	1296	OWL	Ansie Van Rensburg	03.21.06	
	25	1054	OWL	Sue Cromhout	03.21.09	
	26	1037	OWL	Hulozet Carstens	03.21.23	
	27	1479	OWL	Carolyn Levin	03.22.51	
	28	1195	OWL	Natalie Newman	03.23.19	
	29	1066	OWL	Katherine Del Fante	03.26.20	
	30	1420	OWL	Yolandi Ekermans	03.28.09	
	31	1044	OWL	Janette Coetzee	03.33.23	
	32	1061	OWL	Samantha De Villiers	03.34.06	
	33	1486	OWL	Ashleigh Upton	03.50.14	
	34	1433	OWL	Alesha Otto	03.53.23	
	35	1492	OWL	Lvey Marston	04.07.40	
	36	1169	OWL	Lynne Mackie	04.28.37	
Category	Pos	No	Cat	Name	Time	Remarks
<i>Men Middle Route</i>	1	1555	OMM	Jacques Janse Van Rensburg	01.11.03	
	2	1298	OMM	Ruan Van Schalkwyk	01.12.53	
	3	1306	OMM	Daniel Van Zyl	01.13.50	
	4	1522	OMM	De Villiers Britz	01.19.46	
	5	1591	OMM	Christo Ross	01.20.13	
	6	1045	OMM	Gert Jaco Coetzee	01.21.02	
	7	1508	OMM	Craie Raw	01.24.28	
	8	1556	OMM	Shawn Delmage	01.25.27	
	9	1138	OMM	Johanens Kotze	01.25.36	
	10	1582	OMM	Jurgen Orzessek	01.26.10	
	11	1551	OMM	Carel Coetzer	01.26.50	
	12	1159	OMM	Lance Lighton	01.29.36	
	13	1293	OMM	Michael Van Niekerk	01.30.03	
	14	1294	OMM	Philip Van Niekerk	01.30.50	
	15	1557	OMM	Grant Goodwin	01.31.27	
	16	1117	OMM	Philippus Jacobs	01.32.00	
	17	1821	OMM	Richard Lewis	01.34.06	
	18	1583	OMM	Peter Grobler	01.34.13	
	19	1004	OMM	Schalk Albertyn	01.34.24	
	20	1574	OMM	Morne Coetzer	01.34.29	
	21	1575	OMM	Justin De La Hunt	01.34.32	
	22	1570	OMM	Gerhard Avenant	01.34.54	
	23	1285	OMM	André Van Den Ordel	01.34.59	
	24	1049	OMM	Leslie Correia	01.35.10	

Final Results

Day 2 - Saturday

12/Sep/09

Category	Pos	No	Cat	Name	Time	Remarks
	25	1215	OMM	Francois Pretorius	01.35.36	
	26	1584	OMM	Callie Steyn	01.36.29	
	27	1521	OMM	Pierre Van Zyl	01.36.34	
	28	1518	OMM	Richard Salmon	01.36.56	
	29	1096	OMM	Justin Gootman	01.37.52	
	30	1597	OMM	Edgar John Kleinveld	01.40.17	
	31	1069	OMM	Andre Du Toit	01.40.46	
	32	1523	OMM	Ross Mcculough	01.40.48	
	33	1572	OMM	Michael Wright	01.40.53	
	34	1524	OMM	Paul Richods	01.41.02	
	35	1070	OMM	Jean Du Toit	01.41.15	
	36	1067	OMM	Francois Du Plessis	01.41.24	
	37	1578	OMM	Maruis Strydom	01.42.12	
	38	1581	OMM	Godfrey Rix	01.42.14	
	39	1577	OMM	Alexander Parsons	01.42.44	
	40	1594	OMM	Mark Bleloch	01.42.46	
	41	1224	OMM	Bruce Ray	01.43.24	
	42	1024	OMM	Elmo Botha	01.44.52	
	43	1161	OMM	Pieter Lombard	01.45.02	
	44	1588	OMM	Pieter Van Brakel	01.45.59	
	45	1593	OMM	Carel Van Der Merwe	01.46.14	
	46	1515	OMM	Mariel Burger	01.46.26	
	47	1516	OMM	Marcel Van Wigger	01.46.29	
	48	1240	OMM	Matthew Scholtz	01.46.45	
	49	1284	OMM	Neil Van Den Hever	01.47.05	
	50	1550	OMM	Carel Coetzer Snr	01.47.31	
	51	1590	OMM	Jacques Du Plessis	01.47.55	
	52	1097	OMM	Christopher Goudvis	01.48.49	
	53	1223	OMM	Mark Raubenheimer	01.49.08	
	54	1510	OMM	Chris Kaidl	01.49.14	
	55	1200	OMM	Tristan Norman	01.50.06	
	56	1253	OMM	Hein Smit	01.51.17	
	57	1214	OMM	Andri Potgieter	01.52.05	
	58	1154	OMM	Francois Le Roux	01.52.49	
	59	1595	OMM	Eugene Van Der Walt	01.52.52	
	60	1526	OMM	Sean Neethling	01.53.16	
	61	1270	OMM	Hendrik Taljaard	01.53.20	
	62	1267	OMM	Stefan Swanepoel	01.53.23	
	63	1007	OMM	Attie Barnard	01.53.32	
	64	1323	OMM	Petrus Vosloo	01.53.44	
	65	1190	OMM	Johan Muller	01.53.46	
	66	1520	OMM	Abdoramhan Ajouhaar	01.54.13	
	67	1063	OMM	Petrus De Waal	01.55.04	
	68	1511	OMM	Francois Kemp	01.55.22	
	69	1552	OMM	Riecus Smith	01.56.38	
	70	1592	OMM	Jaco Geldenhuys	01.57.15	
	71	1052	OMM	Stefano Costa	01.57.50	
	72	1564	OMM	Freddy De Villiers	01.57.51	
	73	1050	OMM	Francois Costa	01.58.00	

Category	Pos	No	Cat	Name	Time	Remarks
	74	1562	OMM	Dirk Uys	01.58.10	
	75	1208	OMM	Logan Pearson	01.59.29	
	76	1221	OMM	Glen Randall	01.59.32	
	77	1559	OMM	Nico Meyer	01.59.34	
	78	1026	OMM	Dave Boulle	02.00.22	
	79	1281	OMM	Charles Treurnicht	02.00.25	
	80	1566	OMM	David Eiserman	02.01.15	
	81	1318	OMM	Aldo Visser	02.01.22	
	82	1341	OMM	Izan Zybrands	02.02.02	
	83	1586	OMM	Grant Fredericks	02.02.23	
	84	1023	OMM	Johan Boshoff	02.03.53	
	85	1507	OMM	Joachim Macke	02.04.26	
	86	1814	OMM	Roux Gildenhuis	02.04.44	
	87	1116	OMM	Caleb Jacobs	02.05.01	
	88	1189	OMM	Daniel Muller	02.05.26	
	89	1504	OMM	Richard Davis	02.06.00	
	90	1596	OMM	Clifford Retief	02.07.12	
	91	1340	OMM	Jonathan Hawkins	02.09.45	
	92	1513	OMM	Nicolai Van Der Merwe	02.09.54	
	93	1075	OMM	Nicolaas Duvenage	02.10.57	
	94	1368	OMM	Tobi Retief	02.13.13	
	95	1104	OMM	Jody Hahn	02.13.37	
	96	1589	OMM	Mark Golding	02.13.41	
	97	1554	OMM	Alexander Klose	02.13.45	
	98	1553	OMM	Keith Close	02.13.47	
	99	1032	OMM	Emil Burger	02.14.37	
	100	1322	OMM	Ruaan Von Molendorff	02.14.59	
	101	1579	OMM	Aidan	02.16.09	
	102	1329	OMM	Brad Weir	02.17.43	
	103	1568	OMM	Andrew Wardman	02.22.33	
	104	1569	OMM	James Scott	02.22.34	
	105	1580	OMM	Callum De La Hunt	02.26.52	
	106	1257	OMM	Johan Snyman	02.30.57	
	107	1057	OMM	Stephanus De Goede	02.31.16	
	108	1184	OMM	Mark Midgley	02.32.28	
	109	1506	OMM	Stefan Bester	02.41.35	
	110	1153	OMM	Jacobus Le Roux	03.00.28	
Category	Pos	No	Cat	Name	Time	Remarks
<i>Women Middle Route</i>	1	1517	OWM	Norma Salmon	01.29.00	
	2	1587	OWM	Aneen Koch	01.33.06	
	3	1185	OWM	Minette Minnaar	01.38.51	
	4	1160	OWM	Adel Lombard	01.39.57	
	5	1451	OWM	Kerry Anne Stevens	01.39.59	
	6	1262	OWM	Lonél Steyn	01.41.20	
	7	1139	OWM	Shantelle Kotze	01.42.41	
	8	1573	OWM	Jane Wright	01.42.49	
	9	1571	OWM	Heidi Kotze	01.45.33	
	10	1307	OWM	Mariska Van Zyl	01.48.14	
	11	1051	OWM	Nica Costa	01.49.41	

Final Results

Day 2 - Saturday

12/Sep/09

Category	Pos	No	Cat	Name	Time	Remarks
	12	1151	OWM	Ilse Langhout	01.52.25	
	13	1505	OWM	Karen Cousins	01.55.06	
	14	1142	OWM	Carine Kruger	01.55.24	
	15	1514	OWM	Lisa Copeland	01.59.45	
	16	1563	OWM	Marlene Jonck	02.02.49	
	17	1561	OWM	Karin Van Niekerk	02.03.05	
	18	1137	OWM	Danette Kotze	02.06.17	
	19	1558	OWM	Anneke Basson	02.08.19	
	20	1149	OWM	Lorren Landman	02.09.53	
	21	1058	OWM	Nina De Jager	02.11.40	
	22	1155	OWM	Kerry Leask	02.12.51	
	23	1074	OWM	Annalize Duvenage	02.12.57	
	24	1585	OWM	Miranda Wennekes	02.13.23	
	25	1655	OWM	Melinda Griffiths	02.14.40	
	26	1150	OWM	Celeste Langenberg	02.14.53	
	27	1203	OWM	Sia Oberhofer	02.15.02	
	28	1326	OWM	Kirsten Weir	02.18.03	
	29	1118	OWM	Sanet Jacobs	02.18.09	
	30	1512	OWM	Lynne Tucker	02.18.10	
	31	1131	OWM	Lizelle Kleinhans	02.19.58	
	32	1103	OWM	Katie Hadley	02.21.03	
	33	1560	OWM	A Meyer	02.22.45	
	34	1567	OWM	Ada Flowers	02.23.17	
	35	1207	OWM	Sarahlou Payne	02.24.09	
	36	1565	OWM	Angela Heathcote	02.25.14	
	37	1183	OWM	Anne Midgley	02.32.25	
	38	1598	OWM	Christyl Kleinveld	02.34.35	
	39	1005	OWM	Sharon Allen	02.40.01	
	40	1525	OWM	Wendy Cole	02.40.06	
	41	1107	OWM	Heidi Hamilton	02.41.00	
	42	1265	OWM	Rochelle Strauss	02.45.00	
Category	Pos	No	Cat	Name	Time	Remarks
<i>Men Short Route</i>	1	1623	OMS	Nicol Carstens	00.53.35	
	2	1127	OMS	Jovan Jordaan	00.55.45	
	3	1629	OMS	Jacques Van Zyl	00.57.25	
	4	1606	OMS	Gerhard Kieser	00.57.59	
	5	1612	OMS	Lomar Du Plessis	01.01.55	
	6	1635	OMS	Quintus Du Preez	01.05.10	
	7	1238	OMS	Craig Samaai	01.05.41	
	8	1628	OMS	Gus Kappers	01.06.56	
	9	1308	OMS	Jurgen Van Zyl	01.10.11	
	10	1611	OMS	Adrian Nel	01.11.38	
	11	1081	OMS	Geo Erasmus	01.12.50	
	12	1816	OMS	Piter Francois Van Zyl	01.12.58	
	13	1621	OMS	Andries Nesperberend	01.13.19	
	14	1062	OMS	Jaco De Villiers	01.14.45	
	15	1201	OMS	Ian O' Connell	01.15.05	
	16	1309	OMS	Steven Van Zyl	01.15.55	
	17	1605	OMS	Tommie Van Deventer	01.18.10	

Category	Pos	No	Cat	Name	Time	Remarks
	18	1080	OMS	Chris Erasmus	01.18.22	
	19	1811	OMS	Jaco Theron	01.18.33	
	20	1818	OMS	Jack Graham	01.19.02	
	21	1817	OMS	Mark Graham	01.19.09	
	22	1192	OMS	Lloyd Nagel	01.20.03	
	23	1324	OMS	Richard Wakeford	01.23.36	
	24	1094	OMS	Corne Froneman	01.24.48	
	25	1604	OMS	Ryan Davis	01.26.40	
	26	1244	OMS	Reece Schuttler	01.26.42	
	27	1636	OMS	Johannes Du Preez	01.27.20	
	28	1182	OMS	Malcolm Mentoor	01.27.40	
	29	1312	OMS	Tinus Van Zyl	01.27.52	
	30	1113	OMS	Jonathan Hey	01.28.30	
	31	1140	OMS	Petrus Kotze	01.32.07	
	32	1222	OMS	Jason Raubenheimer	01.33.50	
	33	1619	OMS	Rohan Brand	01.34.12	
	34	1642	OMS	Sarel Scheepers	01.35.30	
	35	1644	OMS	Renier Scheepers	01.35.33	
	36	1176	OMS	Lucar Marra	01.40.41	
	37	1241	OMS	Murray Scholtz	01.40.48	
	38	1809	OMS	Thomas Williams	01.42.43	
	39	1119	OMS	Craig Jacobs	01.43.05	
	40	1815	OMS	Martin Van Zyl	01.49.36	
	41	1200	OMS	Andrew Norman	01.50.06	
	42	1199	OMS	Trystan Norman	01.50.07	
	43	1614	OMS	Donre Smith	01.57.53	
	44	1615	OMS	Etienne Smith	01.58.31	
	45	1639	OMS	Julian Hobson	02.03.35	
	46	1610	OMS	Oliver Makkford	02.03.52	
	47	1804	OMS	Jaco Lategan	02.06.27	
	48	1803	OMS	Mare Brand	02.06.29	
	49	1609	OMS	William Makeford	02.41.43	
	50	1618	OMS	Jeff Goudvis	02.41.51	
Category	Pos	No	Cat	Name	Time	Remarks
Women Short Route	1	1633	OWS	Emily Brink	01.05.28	
	2	1071	OWS	Mariek Du Toit	01.09.13	
	3	1291	OWS	Abigail Van Mater	01.13.22	
	4	1092	OWS	Tara Frohlich	01.14.14	
	5	1143	OWS	Karlien Kruger	01.20.47	
	6	1645	OWS	Adri Bootsma	01.23.01	
	7	1622	OWS	Franzel Kotze	01.23.59	
	8	1810	OWS	Junitha Terblanche	01.24.16	
	9	1093	OWS	Brigitte Froneman	01.24.17	
	10	1072	OWS	Suzanne Du Toit	01.27.14	
	11	1634	OWS	Brenda Du Preez	01.29.10	
	12	1301	OWS	Cheryl Van Vuren	01.30.15	
	13	1807	OWS	Ashleigh Parsons	01.31.22	
	14	1643	OWS	Johanni Kotze	01.32.53	
	15	1630	OWS	Prudence Adams	01.33.25	

Final Results

Day 2 - Saturday

12/Sep/09

Category	Pos	No	Cat	Name	Time	Remarks
	16	1624	OWS	Janine De Roubaix	01.36.05	
	17	1625	OWS	Madeleine Du Toit	01.36.07	
	18	1120	OWS	Tamara Jacobs	01.36.26	
	19	1631	OWS	Linda Strydom	01.40.02	
	20	1242	OWS	Emma Scholtz	01.40.44	
	21	1233	OWS	Rista Roets	01.40.45	
	22	1295	OWS	Symantha Van Niekerk	01.42.41	
	23	1641	OWS	Retha Scheepers	01.42.53	
	24	1812	OWS	Kobie Van Zyl	01.49.42	
	25	1626	OWS	Heide Orzelek	01.55.09	
	26	1627	OWS	Theme Orzelek	01.55.10	
	27	1813	OWS	Gina Isserow	02.02.19	
	28	1638	OWS	Nicola Hobson	02.03.33	
	29	1637	OWS	Emely Hobson	02.04.23	
	30	1640	OWS	Jo Hobson	02.04.25	
	31	1617	OWS	Philippa Goudvis	02.14.54	
	32	1616	OWS	Nicola Goudvis	02.38.49	
Category	Pos	No	Cat	Name	Time	Remarks
<i>Open Men Challenge</i>	1	1060	OMC	Dan De Villiers	03.09.39	
	2	1132	OMC	Erik Knoetze	03.18.21	
	3	1416	OMC	Nico Aitzenmaier	03.22.46	
	4	1430	OMC	Dominic Calitz	03.24.45	
	5	1371	OMC	Emile Gentis	03.27.02	
	6	1095	OMC	Philip Gilmour	03.28.07	
	7	1316	OMC	Christo Viljoen	03.28.33	
	8	1415	OMC	Dave Morison	03.29.51	
	9	1343	OMC	Viaan Van Eck	03.35.54	
	10	1342	OMC	Andre Oertel	03.35.56	
	11	1907	OMC	Neil Geldenhuys	03.43.30	
	12	1393	OMC	Harry Orr	03.46.18	
	13	1386	OMC	Wim Botha	03.47.52	
	14	1410	OMC	Simon Van Blerk	03.47.59	
	15	1048	OMC	Mark Coram	03.53.00	
	16	1412	OMC	Christian Bezuidenhout	03.55.11	
	17	1022	OMC	Stefan Boshoff	04.06.48	
	18	1392	OMC	Gert Coetzee	04.07.15	
	19	1418	OMC	Pieter Carstens	04.13.10	
	20	1390	OMC	Tim Ferreira	04.13.50	
	21	1417	OMC	Donxld Christy	04.14.01	
	22	1376	OMC	Piere Winshaw	04.14.37	
	23	1112	OMC	Barend Herbst	04.14.45	
	24	1300	OMC	Robert Van Staden	04.17.11	
	25	1391	OMC	Mark Bennett	04.18.16	
	26	1336	OMC	Kent Wrانkmore	04.20.25	
	27	1085	OMC	Malcolm Estment	04.25.32	
	28	1043	OMC	Albert Coetzee	04.27.35	
	29	1059	OMC	Chris De Villiers	04.28.17	
	30	1379	OMC	Gregory Scott	04.38.05	
	31	1325	OMC	Ryan Walsh	04.38.29	

Final Results

Day 2 - Saturday

12/Sep/09

Category	Pos	No	Cat	Name	Time	Remarks
	32	1101	OMC	Christo Groenewald	04.43.46	
	33	1175	OMC	Carlo Marra	04.43.48	
	34	1193	OMC	Alwyn Naude	04.47.30	
	35	1245	OMC	Michael Scott	04.53.41	
	36	1174	OMC	Nico Marais	04.53.48	
	37	1375	OMC	Henk Lourens	04.54.15	
	38	1017	OMC	Stephan Beukes	04.55.50	
	39	1382	OMC	Sirk Loots	04.56.22	
	40	1388	OMC	Neil Jacobs	05.01.25	
	41	1331	OMC	Eben Westraadt	05.07.10	
	42	1906	OMC	Theunis Smal	05.07.34	
	43	1908	OMC	Jaco Gouws	05.16.22	
	44	1317	OMC	Jan Visser	05.16.34	
	45	1280	OMC	Dion Tredoux	05.20.18	
	46	1910	OMC	Nico Uys	05.25.32	
	47	1407	OMC	Jaco Nieman	05.27.08	
	48	1409	OMC	Gareth Jones	05.32.16	
	49	1408	OMC	Graeme Venagles	05.32.18	
	50	1374	OMC	Riaan Louw	05.39.46	
	51	1381	OMC	Trevor Styles	05.40.58	
	52	1383	OMC	Lester Groves	06.04.09	
	53	1384	OMC	Hannes Grey	06.04.13	
	54	1366	OMC	Fred Coleske	06.33.15	
Category	Pos	No	Cat	Name	Time	Remarks
<i>Open Women Challenge</i>	1	1385	OWC	Esther Lategan	03.58.34	
	2	1302	OWC	Ellane Van Wyk	04.14.50	
	3	1177	OWC	Maroesjka Matthee	04.52.45	
	4	1414	OWC	Amanda Kropman	04.52.54	
	5	1365	OWC	Marleen Lourens	04.53.51	
	6	1380	OWC	Nadine Gerber	05.10.46	
	7	1010	OWC	Laetitia Basson	05.16.30	
	8	1411	OWC	Sune Jordaan	05.20.21	
	9	1406	OWC	Nirian Stronkhorst	05.27.10	
	10	1387	OWC	Kate Le Roux	06.19.27	